



FRINDSBURY TENNIS CLUB



# COMMUNITY TEA & TENNIS

Open to all, you can chat, play tennis, watch, do some gardening, drink tea, it's an opportunity to be part of a friendly community group

Contact [jimbtennis@yahoo.com](mailto:jimbtennis@yahoo.com) 07803368450

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TUESDAY'S 10AM TO 12 NOON - OPEN SESSION  
THURSDAY'S 10AM TO 12 NOON -  
SUPPORT WORKERS  
FRINDSBURY LTC , UPNOR ROAD,  
UPNOR, ME2 4UX

FREE TO ATTEND BUT IF YOU CAN A £5.00  
DONATION WILL HELP WITH COSTS

The session is run by Jimmy's Tennis, nationally recognised and award winning for its programmes, which cover disability, wellbeing, youth leadership and junior tennis